

## *Images in Respiratory Medicine*

# **An Adverse Reaction in the Pediatric Sleep Laboratory**

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We present a case of a 15-month-old boy with Cornelia de Lange Syndrome (NIPBL gene mutation). On a PSG, central sleep apnea (central apnea-hypopnea index of 19/hour) and nocturnal hypoventilation (transcutaneous CO<sub>2</sub> > 50 mmHg for 53% of the night) were found. A positive pressure initiation study was aborted because the patient developed a serious adverse reaction. The differential diagnosis included a skin fragility condition versus an allergic contact dermatitis to the interface; this could be from the povidone-iodine solution used to clean the NiPPV interface or from the plastic of the interface itself. A skin biopsy was performed which was normal. The reaction was likely secondary to an allergic contact dermatitis from the povidone-iodine solution used to clean the NiPPV interface. The patient is currently tolerating NiPPV.

### **1. Case Presentation**

We present a case of a 15-month-old boy with Cornelia de Lange Syndrome (NIPBL gene mutation). He was referred for consultation due to recurrent, acute respiratory failure in the past 6 months. A polysomnogram (PSG) was performed because of clinically suspected obstructive sleep apnea (OSA). On the PSG, central sleep apnea (central apnea-hypopnea index of 19/hour) and nocturnal hypoventilation (transcutaneous CO<sub>2</sub> > 50 mmHg for 53% of the night) were found. There were no obstructive respiratory events (obstructive apnea-hypopnea index of 0/hr). The patient was then brought back to the sleep laboratory the next night and noninvasive positive pressure ventilation (NiPPV) was initiated. The study was aborted 4 hours after the interface was placed due to a serious adverse reaction (see Figure 1).

### **2. Differential Diagnosis**

The differential diagnosis included a skin fragility condition versus an allergic contact dermatitis to the interface; this could be from the povidone-iodine solution used to clean the NiPPV interface or from the plastic of the interface itself. A skin biopsy was performed. Immunohistochemical studies for epidermolysis bullosa were normal. Patch testing

with povidone-iodine and its components was not done because of the risk of serious reaction. The skin lesions resolved within 6 weeks. In the interim, he was continued on supplemental oxygen. The family declined invasive ventilation via tracheostomy. A trial with the interface taped to the patient's arm was performed six months later using an identical NiPPV interface which had never been cleaned with povidone-iodine; there was no reaction. He is currently tolerating NiPPV.

### **3. Discussion**

Povidone-iodine, a compound of iodine and povidone, with additives of glycerin, nonoxynol-9, disodium phosphate, citric acid, and polyoxyethylene nonylphenyl ether, is commonly used as a disinfectant and antiseptic agent for the treatment of contaminated wounds, the preoperative preparation of the skin and mucous membranes, and disinfection of equipment. Povidone-iodine has been reported to cause severe allergic contact dermatitis, generalized erythema multiforme-like eruption, and irritation of skin and mucous membranes [1–3]. Healthcare professionals initiating NiPPV with interfaces cleaned with povidone-iodine should be aware of this potential reaction. Furthermore, there should be an ongoing assessment for the potential development of an



FIGURE 1: Severe, allergic contact dermatitis caused by the povidone-iodine cleaning solution for NiPPV interfaces within 4 hours of wearing the interface.

allergic contact dermatitis to such NiPPV interfaces during the night in the sleep laboratory or on the inpatient units.

### Competing Interests

The authors declare that there is no conflict of interests regarding the publication of this paper.

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